## SOUTHEAST IOWA LINK SEIL

# CHILDREN'S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

PREPARED BY:

SEIL MANAGEMENT TEAM

SUBMITTED 2/18/2020

**GEOGRAPHIC AREA**: Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Van Buren, Washington

APPROVED BY ADVISORY BOARD: 2/12/2020

APPROVED BY GOVERNING BOARD: 2/12/2020

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#### CHILDREN'S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children's behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020.

## A. Creating A Regional Children's Advisory Committee

The Region values community stakeholder input and is in the planning stages of developing a plan to establish a Regional Children's Behavioral Health Services Advisory Committee.

#### 1. Process and Time Frames

<u>Targeted</u>	Activity
Completion Date	
Stakeholder	ADDS, Board of Supervisors, Burlington Community School District, Columbus Community School
participation	District, CommUnity, Counseling Associates, CPPC, Decat, DVIP, ECI, Elite Solutions, First
6/12/2019	Resources, Goodwill, Great Prairie AEA, Great River Health System, Henry County Public Health,
through	Hillcrest Family Services, Hope Haven, Insight, Iowa DHS, Iowa DOC, Iowa Workforce Development,
1/8/2020	ITP, Jefferson County Health Center, Jefferson County Public Health, Law Enforcement, Lee County
	Health Department, Lighthouse, Local Coalitions, Mental Health Patient Advocate(s), Mount
	Pleasant Community School District, NAMI, Mid-Prairie Community School District, Optimae,
	Refuge, River Hills CHC, Salvation Army, SEIL CIT, Southern Iowa Mental Health Center, State
	Legislators, Tenco, Transition Link, Van Buren SAFE Coalition, Washington County Public Health,
	Washington Community School District, Young House Family Services
10/9/2019	SEIL Governing Board approved the amended SEIL 28E to include the Children's Behavioral Health
	Services System.
11/13/2019 Educational System Representative – Mark Schneider – Superintendent, Mid Prairie Communit	
	School District
11/13/2019 Children's Behavioral Health Service Provider- Heather Brueck- Program Director, Young F	
	Family Services
1/8/2020	Parent of child with SED/utilizer of children's behavioral health services- Kristine Skinner
1/8/2020	SEIL Governing Board designated the SEIL Children's Advisory committee.
1/8/2020 The regional children's behavioral health services advisory committee designate C	
	representation for: (a) a parent/actively involved relative of a child who utilizes children's
	behavioral health services; (b) the educational system; and (c) a regional children's behavioral
	health services provider.
7/1/2020	Implement Children's Behavioral Health first tier of service with partners/providers.

## 2. Regional Children's Advisory Committee

<u>Member</u>	Representing
Kristine Skinner and Nathan	Parents/Actively Involved Relatives of a Child who Utilizes Children's Behavioral
Nash	Health Services
Mark Schneider,	The Education System
Superintendent- Mid Prairie	
Community School District	
Lori LaFrenz, Principal– Lincoln	
Elementary Mount Pleasant	
Cory Johnson, Curriculum	
Director- Burlington Community	
School District	
Linda Boshart, Early ACCESS	
Regional Liaison/Coordinator-	
Great Prairie AEA	
Ginger Knisley, Early Childhood	Early Childhood Advocates
Iowa- Lee and Van Buren	
Tasha Beghtol, Early Childhood	
Iowa- Des Moines, Henry,	
Louisa, and Washington	
Jamie Beskow, 1st Five HMDI Site	
Coordinator- Lee County Health	
Department	
Roberta Sloat, 1st Five HMDI Site	
Coordinator- Washington	
County Public Health	
Tammy Wetjen-Kesterson, ECI-	
Jefferson and	
Keokuk/Decategorization-	
Jefferson, Keokuk, Van	
Buren, Washington	
Nicole Mann, Eastern Iowa	Child Welfare Advocates
Service Area Decategorization	
Director- Scott County Kids	
Arin Jones, Program	
Coordinator- Community	
Partnership for Protecting	
Children	
Heather Brueck, Director- Young	Children's Behavioral Health Service Providers
House Family Services	
Becci Reedus, Director-	
CommUnity	
Troy Seeley, JCO4– JCS 8th	The Juvenile Court System
Judicial District	
TBD	Pediatricians/Family Practice
TBD	Child Care Providers

Bradley Gillis, Mount Pleasant	Local Law Enforcement/CIT
Police Department/CIT	
Instructor	
Jack Seward, Washington County	Regional Governing Board/Management Team
BOS	
Tami Gilliland, Keokuk County	
CDS	

### **B.** Regional Governance Board Changes

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries to children with serious emotional disturbances; and (c) the administration of the non–Medicaid funded Mental Health Disability Services (MHDS) and children's behavioral health services as outlined in lowa Code. The Region is in the planning stages of identifying the time frames to change the Regional Governance Board composition.

#### 1. Process and Time Frames

<u>Targeted</u>	<u>Activity</u>	
Completion Date		
10/9/2019	The SEIL Region initiated the first joint session of Children's Behavioral Health Advisory and Adult	
	Advisory committees. This was to facilitate understanding of processes within Advisory	
	Committees and to understand the business processes of the SEIL Region prior to the development	
	of the FY21 Budgets that include Children's Behavioral Health services- first tier.	
10/9/2019	The SEIL Regional Governing Board approved the regional 28E to include the new voting and ex-	
	officio members.	
11/13/2019	The SEIL Adult and Children's Advisory had separate meetings to facilitate the designation of	
	representation to the SEIL Governing Board from the Advisory Committees.	
11/13/2019	The first SEIL Governing Board which included the new voting and ex-officio members took place.	
There was not full capacity of designates. Participating in this Governing Board meeting ou		
	Board of Supervisor designates was Heather Brueck - CBH Provider and Bob Bartles - Adult Service	
	Provider. Mark Schneider the education representative had prior commitment and to date, the SEIL	
	Region is attempting to recruit adult individuals with lived experience/Family Representative and a	
	parent of a Child with a Serious Emotional Disturbance.	
1/8/2020	SEIL Governing Board designated the SEIL Children's Advisory committee. All identified voting and	
	ex-officio members identified in HF690 are in place on the SEIL Governing Board.	

#### 2. Regional Governing Board

<u>Member</u>	Representing	Voting Member
Tom Broeker	Des Moines County	Yes
Marc Lindeen	Henry County	Yes
Dee Sandquist	Jefferson County	Yes
Michael Berg	Keokuk County	Yes

Rick Larkin	Lee County	Yes
Chris Ball	Louisa County	Yes
Mark Meek	Van Buren County	Yes
Jack Seward Jr.	Washington County	Yes
TBD	Adults/Actively Involved Relatives of an Adult who Utilizes Mental	Yes
	Health and Disability Services (designated by the regional adult mental	
	health and disability services advisory committee)	
Kristine Skinner	Parents/Actively Involved Relatives of a Child who Utilizes Children's	Yes
	Behavioral Health Services (designated by the regional children's	
	behavioral health services advisory committee)	
Mark Schneider	The Regional Education System (designated by the regional children's	Yes
	behavioral health services advisory committee)	
Bob Bartles	Regional MHDS Adult Service Providers (designated by the regional adult	No
	mental health and disability services advisory committee)	
Heather Brueck	Regional Children's Behavioral Health Service Providers (designated by	No
	the regional children's behavioral health services advisory committee)	

## C. Regional 28E Agreement Amendment

There is an existing regional 28E agreement between the counties in The Region. The Region is in the planning stages of identifying the time frames to amend and file the regional 28E agreement.

#### 1. Process and Time Frames

<u>Targeted</u>	<u>Activity</u>
Completion Date	
9/11/2019	Presented the Amended 28E to the SEIL Governing Board for Recommendation of Approval to all
	county members.
10/9/2019	Obtained all County Resolutions from county members approving amendment to the SEIL 28E.
10/9/2019	SEIL Governing Board Approved Amended 28E and fully executed the document.
10/25/2019	Filed the Regional 28E Agreement with the Secretary of State.

## D. Regional Staff Changes

The Region is in the planning stages of identifying staffing needs by the Region to implement the new children's behavioral health services coordinator requirements and other anticipated staffing needs, including timeframes.

#### 1. Process and Time Frames

<u>Targeted</u>	<u>Activity</u>	
Completion Date		
6/12/2019	SEIL Governing Board designated Tami Gilliland as the designated Children's Behavioral Health	
	Coordinator of Disability Services (CBHCDS).	

7/10/2019,	CBHCDS has organized Stakeholder meetings every 2nd Wednesday of the month to address CBH		
8/14/2019,	services and extend invitation to individuals and agencies associated with service delivery and		
9/11/2019,	connection to children and families in the SEIL Region as related to HF690.		
10/9/2019,			
11/13/2019,			
12/11/2019,			
1/8/2020,			
ongoing			
6/12/2019	CBHCDS has initiated time study to track the workload of Children system specific work on behalf		
Ongoing	of SEIL.		
6/12/2019	CBHCDS has collected information from stakeholders in order to gain insight to the number of SED		
Ongoing	children that may require region assistance.		
6/12/2019	CBHCDS has coordinated presentations from other discipline experts on early identification, early		
Ongoing	intervention in the school setting and in the community.		
11/5/2019	CBHCDS presented to Primary Care Physicians in collaboration with the efforts of the Lee County		
	Health Department First Five director Jamie Beskow to facilitate screening and assessments as per		
	the recommendations of the rules sub-committee on screening and assessment.		
6/12/2019	CBHCDS participates in multiple children system working boards including but not limited to:		
Ongoing	Decategorization, ECI, CAMHI4Kids, CMHWB Collaborative, etc.		
7/18/2019,	CBHCDS offers insight and instruction to local resources that she becomes aware of in each of our		
8/15/2019,	region communities with the corresponding county CDS so to facilitate local access in each of our		
9/19/2019,	counties, just as our duties require in the adult service array. SEIL does not believe it is possible		
10/17/2019.,	for one person to be the singular coordinator across eight counties given the complexity of the		
11/21/2019,	children's service delivery system and the multiple education/AEA systems in each of those		
12/19/2019,	counties.		
1/16/2020,			
ongoing			
7/1/2020	SEIL will be fully functional with six (6) Coordinators of Disability Service across our eight (8)		
	counties to implement the first tier of CBH services. SEIL will maintain contracts for First Tier CBH		
	services including Pediatric IHH for SED Care Coordination.		
7/1/2021	SEIL will be fully functional with six (6) Coordinators of Disability Service across our eight (8)		
	counties to implement the second tier of CBH services to finalize the implementation of the CBH		
	service system with consideration of financial resources available to complete this mandate. SEIL		
	will maintain contracts for First and Second Tier CBH services including Pediatric IHH for SED Care		
	Coordination.		

## E. Regional Management Plan Changes

The Region is in the planning stages of identifying the timelines and integration of the new children's behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

#### 1. Process and Time Frames - Regional Policies and Procedures Manual

<u>Targeted</u>	Activity	
Completion Date		
3/11/2020	Amend the Regional Policies and Procedures Manual. Include or attach a summary of the changes to be made. A detailed summary along with a copy with all changes clearly marked will be required for the DHS approval process.  Some areas to consider include:  • Application and enrollment procedures including diagnostic and financial eligibility (including copayments) for children requesting behavioral health services.  • Changes in the information technology and data management system to incorporate children.  • Addition of "education" to performance and outcome measures for targeted case management and service coordination services.  • Review and update regional waiting list policy.	
4/8/2020	Submit Amended Regional Policies and Procedures to Advisory Boards for approval.	
4/8/2020	Submit Amended Regional Policies and Procedures to Governing Board for approval.	
4/16/2020	Submit Amended Regional Policies and Procedures to DHS for approval. (Rules require Regions to submit the amendments to DHS 45 days prior to implementation.)	

### 2. Process and Time Frames - Annual Service and Budget Plan

<u>Targeted</u>	<u>Activity</u>	Resources (Low-
Completion		Medium-High Staff
<u>Date</u>		Time, Funding, Etc.)
12/11/2019	SEIL FY21 budget recommendation approved by the SEIL Governing Board	First Tier CBH
		services projective
		budget included
		without any
		additional staff of
		the region and
		without any
		additional funds
		made available to
		the region. Second
		tier CBH services
		taken into
		consideration to
		grow existing fund
		balance to meet
		that obligation as
		well as the adult
		core services that
		are still not
		available. Attention
		to 40% Fund
		Balance/carry
		forward and
		workforce capacity
		with unknown
		projection of actual
		expenditure
		need/utilization
		rates were
		considered
		components of
		projected
		expenditure budget
		for FY21 and FY22.
		Stakeholders and
		Advisory members
		were made fully
		aware of these
		challenges and were
		discussed
		accordingly.

2/12/2020	Complete the Annual Service and Budget Plan framework.
	The following information will be added to the Region's FY21 Annual Service and Budget Plan:
	Identify the local access points for the children's behavioral health services.
	Identify service coordination entities for the children seeking services     regardless of funding source.
	Identify Regional children's behavioral health core services and planned implementation time frames.
	Identify and budget for required core children's behavioral health services.
	Identify the children's behavioral health services provider network.
3/11/2020	Submit Annual Service and Budget Plan to Governing Board for approval.
3/19/2020	Submit Annual Service and Budget Plan to DHS.